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Dear Grand Masters, Masters, and Instructors,

We are very excited to invite you to participate in the **2026 Western Canadian Taekwon-Do Championships** in Regina, Saskatchewan, November 20 & 21, 2026. Black belts and coloured belts from ITF-affiliated clubs in the Canadian Taekwon-Do Fedaration International, ages four and over, are invited to participate in this event.

It is our goal to provide an amazing and memorable experience for all participants and their supporters. This will be a well-organized event with excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

For the **2026 Western Canadian Taekwon-Do Championships**, we are pleased to provide the following features to the tournament program:

- Pre-Order shirts online : https://form.jotform.com/241685718669272
- Coaches/Instructors will register participants on-line via Sportdata.
- All competitors will receive their ring locations and estimated time schedule for their events.
- The ITF Electronic Scoring System (ESS) will be used in several rings.

For more information on registration and rules, we invite you to check for updates on the CTFI website. All ITF/CTFI rules and the Team Manual are available through the "Downloads and Resources" page on the CTFI website as well. All instructors are highly encouraged to become familiar with the most up to date rules, and we stress the importance of relaying the information to their participants.

We look forward to seeing you all at this exciting event!

Sincerely,

Official Event Hosts:

Grand Master C. Norman ***Master C. Mazzei***



TABLE OF CONTENTS

EVENT INFORMATION 5
EVENTS 6
ENTRY FEES 6
SCHEDULE OF EVENTS 7
OFFICIAL TOURNAMENT APPAREL PRE-ORDER 8
ACCOMMODATIONS 9
Official Host Hotel: 9
INSURANCE 11
REGISTRATION 11
International ID Number 12
Instructor Check-in 12
Black Belt Card 13
Declaration Of Consent And Data Protection Forms 13
English 13
French 13
CATEGORY MERGING 14
Colour Belts 14
Black Belts 14
Weight Verification: 15
Black Belt Age Categories 16
Colour Belt Age Categories: 16
TOURNAMENT RULES 17
Patterns 17
Individual Patterns - Colour Belt: 17
Individual Patterns - Black Belt: 17
Team Patterns Black Belts, Blue/Red Belts 17



Prearranged
Sparring 19
Free Sparring 19
Duration of matches: 19
Black Belt Round Robin Competition: 20
Safety Equipment: 20
Approved types of sparring safety equipment: 20
Team Sparring 21
Power Breaking 21
Special Technique Breaking 21
TKD Kids (Tigers, Cubs, Champs, etc.) 22
Adapted Taekwon-Do / Special Needs Categories 23
Competitor Dress Code 25
Awards 26
Protests 26
UMPIRES 27
Full-Time Umpires 27
Competitor/Coach Umpires 27
COACHES AND CLUB PHOTOGRAPHERS 28
Head Coach 29
Coloured Belt Coaches 29
Black Belt Sparring Coaches 29
Coaching Rules 30
Photographers 30



EVENT INFORMATION

Who: All official CTFI-affiliated schools and practitioners in Canada.

When: Saturday and Sunday November 20 & 21, 2026

Where: Regina Fieldhouse
1717 Elphinstone St
Regina, SK

Contact: Master Chelsea Mazzei
phone : +1 306-525-0005
email: sasktkd@gmail.com

Tournament Director: Master Kevin Reinelt *(VIII)*
email: kreinelt@triumphtkd.com

Umpire Director: Master Chris Law *(VII)*
Email: ctfiumpirecommitee@gmail.com

Registration: All registrations are Online using SportData.

NOTE: Only Instructors/Coaches can register competitors using their SportData club account.

DEADLINE: All registration for Competitors, Coaches and Umpires closes November 1, 2026 at 11pm Central (Saskatchewan) Time.

SportData Online Registration:

https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=752



EVENTS

This championships will feature the following events:

- Kids / Tigers - special categories (age 4-7 years)
- Adapted Taekwon-Do - special categories (age 6+)
- Individual Patterns - Coloured Belt & Black Belt (age 6+)
- Individual Free Sparring - Coloured Belt & Black Belt (age 6+)
- Consolation Matches for Colour Belts if time and umpires are sufficient (to be determined after close of registration).
- Prearranged Sparring - Black Belt & Blue/Red Belt (age 12+)
- Team Patterns – Black Belt & Blue/Red Belt (age 12+)
- Power Breaking - Black Belt only (age 15+) (World Cup Rules)
- Special Tech. Breaking Black Belt & Blue/Red Belt (age 12+), (World Cup Rules)
- Team Sparring – Black Belt only (age 12+) TIME ALLOWING

ENTRY FEES

NOTE: All ages are based on the competitor's age on the first day of the tournament

TKD Kids/Tigers - includes 2 events (age 4-7)	$60
Adapted TKD/Special Needs (Black Belt & Colour Belt age 6+) - Solo Patterns and/or Mixed Abilities (1 for $50, both for $85)	$50 - $85
Coloured Belts (Ages 6+) Patterns and/or Sparring	$85
Cadet (age 11), Senior & Veteran Black Belts (Age 36+) Patterns and/or Sparring	$85
Pre-Jr, Jr & Adult Black Belts (Age 12-35) Patterns and/or Sparring	$100
Prearranged Sparring (Black Belts and Blue/Red Belts age 12+)	$30/team
Team Patterns (Black Belt, Blue/Red Belt, age 12+)	$50/team
Power Breaking (Black Belt only, age 15+)	$20
Special Technique (Black Belt & Blue Belt+, age 12+)	$20
Coach Pass - Head Coach (BB & CB, 1 per Dojang)	$50
Coach Pass - Black Belt Sparring (NOTE: see limits in Coach section below)	$50
Coach Pass - Colour Belts (NOTE: see limits in Coach section below)	$30
Photographer Pass (Not allowed: Black Belts age 16+)	$50



SCHEDULE OF EVENTS

Note: This schedule is tentative and is subject to change once all registrations have been received.

Fri., Nov 20th Host Hotel	13:00 - 16:00	Black Belt weigh-ins, black belt card check and Coach Check-In.
Venue	18:00 - 21:00	Competition begins with Black Belt categories: Individual Patterns, Team Patterns & Pre-arranged Sparring
Sat., Nov 21st Venue	07:30 - 08:00	Last chance for Black Belt weigh-in/check-in/coach registration at the venue
	07:30 – 08:15	All competitors arrive.
	08:00 – 08:30	Black Belt/Umpire Meeting
	08:30 - 09:15	Opening Ceremonies
	09:15 – 16:00	TKD Kids/Tigers, Adapted, Colour Belt patterns/sparring
	09:00 – 13:00	Special Technique and Power Breaking Black Belts
	13:00 – 15:00	Special Technique Breaking Colour Belts
	16:00 – 19:00	Black Belt Individual Sparring
	19:00 – 20:00	Black Belt Team Sparring (time allowing)
	20:00	Competition ends.



OFFICIAL TOURNAMENT APPAREL PRE-ORDER

You are able to pre-order online your official 2026 Western Canadian Taekwon-Do Championships DRY-FIT T-Shirts.

Our Championships T-shirts are available in youth and adult sizes. Size charts are available through the JotForm order link.

They will be available for pickup at the competition venue on Saturday November 21, 2026.

Limited sizes and quantities will be available for purchase at the tournament venue. To make sure you get what you want, pre-order your shirts online now!

ATC ESSENTIAL® PERFORMANCE TEE

- 6.4-oz, 100% performance polyester jersey wicking technology
- No Bleed Fabric (NBF) created with a unique cationic dye process for easy printing
- Side seamed
- Breathable
- Tagless
- Classic fit
- Available in :
  -Youth XS-YXL
  -Adult S-XXL



TO PRE-ORDER ONLINE FOR ONLY $30:

https://form.jotform.com/241685718669272

DEADLINE: All event clothing must be ordered by October 20, 2026.



ACCOMMODATIONS

Official Host Hotel:

Seven Oaks Hotel - Sure Stay Collection by Western
777 Albert Street
Regina, SK
S4R 2P6

Tel: +1 306 757 0121
Toll Free Tel: +1 800 667 8063
info@sevenoaksregina.com

When booking, ask for: Group = Sask Taekwon-Do Block ID# 914260

Black Belt Check-in/weight-in and coach's check-in will all take place at this hotel Friday afternoon from 1-4pm.





Room Rates for 2 x Double Beds:
$169.00 + applicable taxes and fees

*This rate is available for Thursday, November 19- Saturday Nov. 21 (checkout Sunday)

60 Rooms are available with the group booking each day.

Cut off date: November 2, 2026

DEADLINE: Rooms must be reserved by November 2, 2026. After that date, reservations can be made at this rate based on availability only. You can cancel or modify your reservation until 24 hours before the arrival date without penalty. After that, the hotel will charge the equivalent of one room night plus associated fees to the credit card on file as the time of reservation.

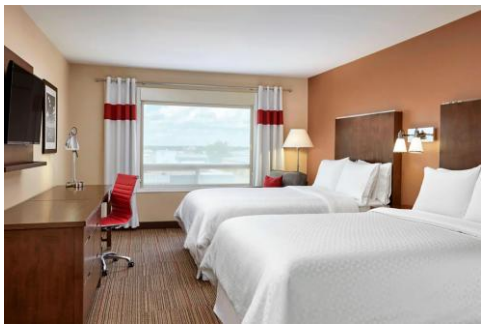
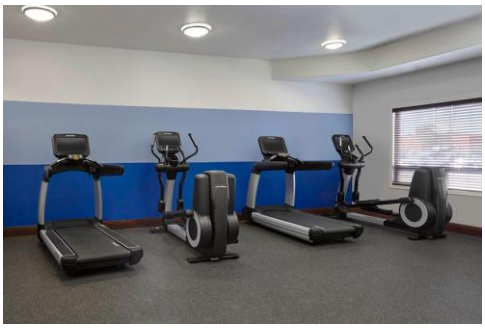


Overflow Hotel

Four Points by Sheraton
2415 Dewdney Ave
Regina, SK
S4R 8R2

Tel: +1 306 789-8008

When booking, ask for: Group = Western Canadian Taekwon-Do Reference: WE2814

Room Rates for 2 x Queen Beds:
$144.00 + applicable taxes and fees

*This rate is available for Thursday, November 19- Saturday Nov. 21 (checkout Sunday)

40 Rooms are available with the group booking each day.

Deadline: October 29, 2026 at 5pm local time (CST)



INSURANCE

The Organizing Committee and CTFI are not responsible for any injuries.

- All participants must have full third-party liability insurance coverage for any injuries they may cause to others.
- It is recommended that participants from outside of Saskatchewan should have travel medical insurance coverage for treatment of any injuries to themselves.

REGISTRATION

Coaches must register all competitors, coaches, photographers, and umpires from their club/school directly using the SportData club account set up for your club/school.

Note: Coaches, please make it clear to your participants that they must not try to make their own registration – if they do try, it will be rejected.

Note: Coaches, Do Not try to enrol via the ITF SportsID system as used for World Cup or World Championships. It will not work. You must use your personal SportData club account.

For complete instructions showing how to create a club account and register competitors, umpires and coaches, see the additional document “Coaches how to create Club account and register competitors, coaches, umpires and photographers”.

This document is found under the “Downloads” button on the SportData web page for the event or go to this link:
https://www.sportdata.org/taekwondo_itf/set-online/popup_main.php?popup_action=uploads&vernr=752

If a coach already has a Club account in SportData, they should re-use that account.

Go to this page to register:
https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=75

Note: Registration Deadline for all Competitors, Coaches and Umpires is November 1, 2026, at 11pm Central (Saskatchewan) Time.



International ID Number

Registration will require an "International ID" number for all competitors.

- *Colour Belts:* enter "N/A" as the International ID number.
- *Black Belts:* enter the International ID number found on the Black Belt wallet card (see image below circled in red).



Coaches note:

1. Degree number/National ID number (i.e. C-1-1234) is **NOT** acceptable.
2. "Pending" is **NOT** acceptable. For competitors who have recently examined for 1st Dan Black Belt rank and have not yet received their new wallet card, please request the ID number from your National Association Administrator (For Canada = Master Mazzei at ctfihq@gmail.com.)
3. The International ID number does not change as a competitor moves up in rank. If their number is 123456 as a 1st Dan Black Belt, it will also be 123456 if they are promoted to 2nd Dan. Therefore, if they recently have tested and do not have their new card, they can obtain their number from their old wallet card.

Instructor Check-in

All instructors or coaches must report to the tournament check-in and pick up the accreditation cards for their competitors and coaches. Instructors are responsible for making sure competitors and coaches have these cards on their person as proof that they are registered competitors.

Instructor/Coach Check-in will be available on Friday November 20, 2026 at the host hotel from 1-4 pm and at the tournament venue on Saturday November 21, 2026 from 7:30 – 8:00 am.



Black Belt Card

All Black Belts must show their ITF Black Belt registration card at the Weight Check/Check-in (see below). This includes competitors only participating in Patterns and not Free Sparring. A photocopy of the Black Belt certificate showing name, rank and date information as well as the name of the ITF President is acceptable. Any Black Belt without appropriate proof of certification in the ITF will be disqualified with no refund of event fees.

Recently promoted 1st Degree Black Belts may not have received their certification cards yet. Instructors must show confirmation from their National Association HQ that their new certificate has been requested.

COACHES NOTE: Black Belts not competing in sparring MUST check-in and show ID to confirm Black Belt status. Failure to do so will result in disqualification.

Declaration Of Consent And Data Protection Forms

NOTE: Declaration of Consent and Data Protection forms are required for all participants in the event including: ***Competitors, coaches, referees, officials and photographers***

Online Form
For this event, we are using an online legal consent and data protection form that must be filled in and signed by each participant. Any participant under the age of 18 must have the document signed by a parent or guardian.

Link to online Declaration of Consent and Data Protection forms:

English
https://form.jotform.com/261247168585264

French
https://form.jotform.com/261246917113252

Instructors are responsible for ensuring that all of their participating members go to this link, fill in and sign the form.



Participants who do not have correct and valid forms submitted by the deadline will not be allowed to participate.

DEADLINE : Online Declaration of Consent and Data Protection forms must be filled and signed by all participants no later than November 1, 2026 11pm Central (Saskatchewan) time.

CATEGORY MERGING

Colour Belts

All Colour Belts will be registered by rank and gender. Their registration must contain their accurate height (cm) and weight (kg). This information will be used to divide them into Patterns and Sparring categories. They will always be competing within the same age and gender group.

Patterns

Colour Belts may have 2 or more ranks merged to create Patterns categories. E.g. White belt, Yellow Stripe, Yellow belt, Green Stripe could be in the same category.

Free Sparring

Colour Belts will divided into sparring categories based on their registered height and weight.

Black Belts

All Black Belts will be registered by rank and gender. Their registration must contain their accurate height (cm) and weight (kg). This information will be used to divide them into Patterns and Sparring categories. They will always be competing within the same age and gender group.

Patterns

Black Belts in all age groups will normally be separated into categories by Degree. Groups with less than 3 competitors may be merged with an adjacent rank to create Patterns categories. E.g. 1st and 2nd Dan.

All designated patterns performed will be selected from the lowest rank in the category. E.g. if a 1st Dan and 2nd Dan groups are merged, only 1st dan patterns will be selected for the competition.



Free Sparring
The ITF standard weight categories will not be specified for this event as there are normally so many small groups that almost all are merged. This is to ensure there are no competitors alone in their category in order to improve competition experience for the athletes. For Pre-Junior, Junior and Adult categories, seeding points will be awarded regardless of which weight category the athletes compete in. Refer to CTFI Team Manual for full details of Seeding Point system.

Best efforts will be made to create categories with a minimum of 3 competitors so they can compete in a round robin (see below).

Black Belt competitors will be divided into categories based only on their registered weight.

All Black Belt competitors must weigh within +/- 4kg of their registered weight or they will be disqualified.

Note: Coaches please be careful to enter your Black Belt competitors' actual weight correctly in your SportData club account in case of category merging.

Weight Verification:
Black Belt athletes in ALL individual free sparring weight categories must present themselves and mount the scale for official weight verification. Weigh-in procedure will follow current ITF process.

All Black Belt competitors in all age groups must weigh within +/- 4kg of their registered weight or they will be disqualified.

Official weight checks will take place Friday November 20, 2026, at the host hotel from 13:00-16:00 and at the tournament venue on Saturday November 21, 2026 from 07:30 – 08:00.



Black Belt Age Categories

Valid Age for Category: The valid age for all Black Belts will be their age on the first day of the tournament – November 20, 2026.

Black Belt Age Categories of this event:

Cadet	age 11
Pre-Junior	age 12-14
Junior	age 15-17
Senior	age 18+
Super Senior	age 36+
Veteran	age 46+

Note: Black Belts age 36+ may choose to enter the Senior Age 18+ category. This will result in a higher entry fee. Categories (sparring and/or Patterns) for Black Belts age 36+ may be merged if there are less than three competitors.

Colour Belt Age Categories:
As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the first day of the Tournament – April 18, 2026.

TKD Kids/Tigers
A special performance group will be offered for TKD Kid/Tigers age 4-5 and 6-7 (see details below). If there are not enough competitors in one category, they will be merged.

Adapted TKD
A special performance group will be offered for both Black Belt and Colour Belt Adapted TKD (see details below). Minimum age is 6 years.

Regular TKD Patterns and Sparring
Minimum age for competition in these categories is 6 years. Colour Belt age divisions with less than three people may be merged with other groups. Best effort will be made to create categories that are close in rank, age and, for sparring, size.

<u>COACHES NOTE: You must select only 1 performance group for your colour belt children. Do not enter them in both TKD Kids/Tigers and Regular TKD.</u>



TOURNAMENT RULES

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the current version of International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations. This specifically includes the CTFI Rules for Light Contact Free Sparring.

Copies of these rules are available on the CTFI website under the "Downloads and Resources" section.

Special additions to the rules are as listed below:

Patterns

Individual Patterns - Colour Belt:
Colour Belts will perform 1 optional pattern simultaneously with another competitor. Competitors may perform the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

Individual Patterns - Black Belt:

Black Belts Pre-Junior, Junior, Adult and Senior will compete 1 to 1 simultaneously with another competitor and will perform two (2) randomly selected Designated Patterns appropriate to their degree.

- The first designated pattern will be one of the last three patterns regarding the level of degree.
- The second designated pattern is from pattern Chon-Ji to the level of degree excluding the first pattern already drawn.

Black Belts Cadet and Veteran will compete 1 to 1 simultaneously with another competitor and will perform one (1) Designated Pattern selected randomly from one of the last three patterns regarding the level of degree.

If Veterans are merged with Seniors, they will perform 2 Designated Patterns as above.

Team Patterns Black Belts, Blue/Red Belts
Categories offered for both Black Belt and Blue/Red Belt are Pre-Junior, Junior, and Adult+. Standard ITF competition rules will apply to all categories.



Black Belt Teams:
Both teams shall perform one (1) optional and one (1) designated Pattern in the following order:
Team 1 – optional pattern
Team 2 – optional pattern
Team 1 – designated pattern
Team 2 – designated pattern

Optional pattern is the team's choice from Chon-Ji to Choong-Moo.
Designated patterns are drawn randomly from Kwang-Gae, Po-Eun or Ge-Baek.

Colour Belt Teams:
Both teams shall perform one (1) optional Pattern in the following order:
Team 1 – optional pattern
Team 2 – optional pattern

Optional pattern is the team's choice from Chon-Ji to Choong-Moo. *However, the team cannot perform any pattern higher than that allowed for their lowest ranked competitor.*

NOTE: Teams who are alone in their category do not automatically win a gold medal. They must perform their pattern in front of the judges as if in competition. Teams must score more than Zero for both their pattern performances in order to qualify for a medal.

Black Belt Individual and Team Pattern Fouls
As of 2024, ITF has instituted Pattern Fouls for the following infractions in Black Belt Individual and Team Patterns. These will be followed for this event:

- Incorrect technical performance of Charyot Sogi (Crossing of arms in preparation; Stamping while coming to attention, etc.)
- Not walking directly from edge of the ring to the pattern starting position
- Performing any stamping actions during entry into the ring
- Pausing during entry or exit from the ring to perform any technique or action
- Unsportsmanlike behaviour (distracting behaviour at ringside whilst the other competitor performs)



Prearranged Sparring
Categories offered for both Black Belt and Blue/Red Belt are Pre-Junior, Junior, and Adult+. Standard ITF competition rules will apply to all categories.

Teams may be Female-Female, Male-Male or mixed Female-Male.

NOTE: Teams who are alone in their category do not automatically win a gold medal. They must perform their pattern in front of the judges as if in competition. Teams must score more than Zero for their performance in order to qualify for a medal.

Prearranged Sparring Fouls
As of 2024, ITF has instituted Pattern Fouls for the following infractions in Black Belt Prearranged Sparring. These will be followed for this event:

- Incorrect technical performance of Charyot Sogi (Crossing of arms in preparation; Stamping while coming to attention, etc.)
- Not walking directly from edge of the ring to the pattern starting position
- Performing any stamping actions during entry into the ring
- Pausing during entry or exit from the ring to perform any technique or action
- Unsportsmanlike behaviour (Distracting behaviour at ringside whilst the other competitor performs)

Free Sparring

Duration of matches:
Coloured Belts..... 1 round of 2 minutes.
Black Belts Pre-Junior, Junior, Adult .... 2 rounds of 2 minutes.
Black Belts Cadet, Senior, Veteran ..... 2 rounds of 1.5 minutes

Note: Breaks between rounds will be 1 minute in all cases.

Black Belt sparring categories with only 2 competitors
To improve their experience, they will be allowed 3 rounds of sparring with 2 breaks of 1 minute. Competitors/coaches will be offered this option before the beginning of the match. They can decline and will then have the standard 2 round match.



Black Belt Round Robin Competition:

To improve the competition experience, all Black Belt individual free sparring categories Pre-Junior, Junior and Adult will have the 4 semi finalists fight in a Round Robin format.

- Categories with 4 or 3 entries will go straight into the Round Robin competition.
- Categories with more than 4 competitors will see a Single Knockout (SKO) elimination to determine the 4 semi-finalists to enter the Round Robin finals. Normal "byes" will apply in the SKO elimination.
- CTFI Ranking will be applied as normal to determine seeding and byes in the SKO elimination draws.

Safety Equipment:

Mandatory Safety equipment:

- Hand, Foot and Head guards of an approved type (see below);
- Mouth guard – must be transparent with no colours;
- Groin protection for all males (must be worn inside the trousers);

Optional Safety equipment:

- Shin protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)
- Approved soft frame, prescription sport glasses. Written approval must have been requested and granted from the CTFI Umpire Committee prior to the event.

Approved types of sparring safety equipment:

- Black Belts competing in the Pre-Junior, Junior and Senior divisions must have hand, foot and head protectors approved by ITF for international competition. Full details of approved equipment are found in the ITF Combined Competition Rules and Regulations.
- Pre-Junior, Junior and Senior Black Belts must wear either red or blue hand/foot/head protectors depending on their position in the draw. Pre-Junior, Junior and Senior Black Belts must have sets of both colours available.
- Coloured Belts (all ages) and Black Belts Cadet/Senior/Veteran (age 11 and 36+) may wear ITF approved gear or the standard foam safety gear such as Macho or Century. Any colour is allowed for this group, but we recommend red or blue (if you have it) to help the umpires.
- No jewellery, piercings, watches or other adornments may be worn; hair may be kept in place using a material of a soft elastic nature only. Hard materials (e.g. plastic, wood or metal) are not allowed.
- Any other special equipment, bracing or taping requests must be sent to the CTFI Umpire Committee for review and approval.



Note: All competitors must wear required safety equipment that is in good condition and covers the toes, fingers, and heels properly. Students without required equipment or with damaged or improperly fitting equipment may be disqualified. Competitors sharing properly sanitized equipment is acceptable.

Team Sparring
If time allows, there will be Team Sparring matches. Sparring Teams will be organized by Coaches/Instructors/Competitors during the event.

There are no entry fees for this event. There may be no medals, only some thrilling competition experience and bragging rights for your club or Province.

Power Breaking
Power Breaking will be open only to Black Belts age 15+.

Power breaking competition for all Black Belt Age Groups will follow the ITF rules for World Cup competition - Section IV. Competitors will attempt 2 breaks specified by the rules.

Board counts will begin at 1 board less than ITF World Cup standards except where the minimum is 1 board.

NOTE: In all Power Breaking categories, competitors must successfully make at least 1 point to qualify for a medal.

Special Technique Breaking
Special Technique Breaking will be open to Blue Belts and above, age 12 and above.

Special Technique breaking competition for all Blue/Red Belt and Black Belt categories will follow the ITF rules for World Cup competition - Section V. Competitors will attempt 2 breaks specified by the rules.

Board heights will begin at 10cm lower than ITF World Cup standards.

NOTE: In all Special Technique categories, competitors must successfully make at least 1 point to qualify for a medal.



TKD Kids (Tigers, Cubs, Champs, etc.)
These events are designed to introduce students ages 4-7 to concepts of competition even though they are not yet performing patterns or free sparring as part of their current curriculum. Entry in the TKD Kids category automatically gives competition in both of the events listed below.

This will be a mixed female/male category.

NOTE: Competitors entered in the TKD Kids category can wear either the standard ITF uniform or the special TKD Kids dobok approved by ITF.

COACHES NOTE: Competitors age 6+ who are training in the standard ITF Taekwon-Do program should not enter this category. Competitors under age 6 must enter these categories even if they are training in the ITF standard program.

"Kids Patterns" – Single Elimination
Competitors compete 2 at a time performing simultaneously. They will be asked to demonstrate each of the following fundamental movements that are found in the official ITF Kids Course. Judges will give commands.

1. Stepping forward performing 3 walking stance middle punches
2. Stepping backwards performing 3 walking stance low blocks
3. Stepping forward performing 3 walking stance front snap kicks
4. Stepping backwards performing 3 walking stance rising block

Judging will be based on technique and power. The panel of judges will decide by show of flags which player wins and moves on to the next round. Medals will be awarded for first, second and 2 x third place.

Note: The techniques may be demonstrated by a ring council member if the player is having difficulty.

Belt Tag "Sparring" – Single Elimination
Players will each have 2 flags attached to a belt around their waist. The goal is to take a flag from the other competitor. Each flag captured will result in a single point. Play will be stopped with the capture of a flag to replace the flag and then restart play.

The player with the most points at the end of the round will be declared the winner. Round length: 60 seconds.



Warnings will be issued for the following infractions:

- Running away from the opponent
- Falling
- Leaving the ring
- Grabbing or holding any part of the uniform or body other than the flag of the opponent
- Kicking, punching or contacting any part of the body with the intent to cause harm
- Verbally disputing a decision of the referee

3 warnings will result in the loss of one point from the player's total.

<u>*COACHES NOTE Helmets are mandatory for this event – competitors must provide their own helmet.*</u>

Adapted Taekwon-Do / Special Needs Categories
The purpose of these events is to give our special needs students a platform to showcase their skills and give them an opportunity to experience competition. All participants will receive a medal for each category they enter.

1. Categories
There are 2 category options each for Black Belt and Colour Belt competitor. You can select 1 or both categories when you register your competitor for the event. Participation fee will be $50 for one category or $85 for both.

a) *Adapted Solo Patterns (mixed female/male) – Colour Belt or Black Belt*
For this event the competitor performs the pattern of their choice for their rank. It is to be performed on their own. The pattern can be adapted to their specific needs and abilities but should be easily distinguished as an ITF system pattern.

Coaching during the performance is allowed by voice and action but the coach cannot perform the entire pattern at the same time with the competitor.

Competitors will come up in pairs, but will perform their pattern individually and not simultaneously with another competitor.

Winners will be determined by judges who are looking for the correct pattern diagram, correctness of technique, and power.



b) *Mixed Abilities (mixed female/male) – Colour Belt or Black Belt*
For this event, the competitor performs with a partner of their choice who knows about their abilities and limitations.

The partner will help the competitor display Taekwon-Do and/or Martial Arts skills. Vocal and physical cues may be used. The partner may be anyone including a fellow student, the competitor's coach, instructor, trainer, etc.

Rehearsed or unrehearsed routine is allowed. Competitors & partners may use props such as boards for breaking, or kicking pads and punch mitts.

The demonstration should run a minimum of 45 seconds to a maximum 60 seconds. Timer starts at "Sijak" and ends at "Goman". This timing is a guideline for the performance and not a strict requirement. It is acceptable if competitor deviates by a few seconds either way.

Winners will be determined by judges who are looking for the greatest range of Taekwon-Do techniques and abilities and how well they are performed.

2. Developmental Conditions

Competitors with any of the following conditions are allowed:

- Motor/Physical Impairment: Including loss, malformation or abnormality in the skeletal, muscular or neurological systems responsible for body motion. E.g. Those suffering polio, spinal cord injuries, paralysis, amputations.
- Sensory Impairment: For those with severe visual impairments, severe hearing impairments and those with language and communication disabilities that prevents them from competing in regular competition divisions. E.g. Blind, deaf, mute.
- Intellectual Impairment: For those characterized by limited higher mental functions (intelligence, language, learning, etc) as well as motor functions. This covers a wide variety of diseases and disorders including Down Syndrome, Autism, Cerebral Palsy, Asperger, Tourettes, to name a few.

3. Proof of Condition/Diagnosis

Coaches/Parents must provide information to confirm that the competitor's condition meets the above requirements, which includes documentation of the diagnosis. This must be done using the online form found at:

https://form.jotform.com/260064693095057

NOTE: All condition forms and information will be deleted shortly after the event, November 20 & 21, 2026.



DEADLINE: Condition forms must be completed no later than November 1, 2026 at 11pm Central (Saskatchewan) time. Competitors without proof of condition/diagnosis will not be allowed to participate.

Competitor Dress Code

Dobok
Competitors must wear the internationally approved ITF dobok from a recognized manufacturer. ***Old style doboks without the ITF Coloured Fist shall not be worn***.

****NEW**** TKD Kids/Tigers doboks can be worn by competitors in either the TKD Kids/Tigers or regular TKD categories.

Belt
All Black Belt and Colour Belt competitors must wear belts that conform to International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations.

****NEW**** **Exceptions**:

1. Colour Belts only are allowed to display the manufacturer's logo.
2. Coloured Belts only are allowed to display "component program stripes" of any number or colour.
3. Colour Belts are allowed to wear belts with full-length horizontal stripes.

Undergarments
Competitors may wear head/neck coverings which must conform to International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations.

Taping
Tape/soft bandaging/soft strapping may be used for medical or first aid reasons as described in the International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations. Any taping must be inspected and approved by the CTFI Umpire Committee prior to competition.

All competitors' safety equipment, glasses, protective wear, taping/bandaging/strapping, clothing and/or accessories/adornments may be subject to inspection and approval or rejection by either the CTFI Umpire Committees.



Special Equipment Approval
Coaches wanting advance approval for any departures from the above standards must apply to the CTFI Umpire Committee by submitting a completed equipment exception form no more than 7 days prior to the tournament.

Equipment Exception Form: https://forms.gle/jZrcRGGBtWZiBanXA

The determination of the Umpire Committee regarding equipment exceptions is final and binding.

Awards
For all patterns categories, four medals will be awarded for each competition category: gold, silver and two bronzes.

For Adapted and TKD Kids categories, four medals will be awarded for each competition category: gold, silver and two bronzes. This includes TKD Kids Patterns and Belt Tag as separate categories.

For all sparring categories for Colour Belt and Black Belt Cadet, Senior and Veteran, four medals will be awarded for each competition category: gold, silver and two bronzes.

For Black Belt Pre-Junior, Junior and Senior sparring Round Robin Finals categories, three medals will be awarded for each competition category: gold, silver and one bronze.

Medals for all competitors and events will be presented immediately after completion of their events at an award podium set up at the competition venue. It will be arranged so that supporters can get close to take good photographs.

Protests
Protests will follow procedure T52 in the ITF official rules of competition. Protests can only be made in Black Belt events when a decision or procedure seems to violate the rules.

- Protests can ONLY be presented by an official coach, and ONLY when there is an apparent violation of the official rules.
- The Coach must request the official Protest Form from the Jury President immediately after the completion of the match.
- Jury President will provide the coach with the official Protest Form, after having received the official Protest Fee.
- Each completed Protest Form must be presented to the Jury President of the match in question, no later than five (5) minutes after having received the form.
- The Umpire Committee will rule on all protests.
- The protest fee for this event is set at CAD$100.



UMPIRES

"It is our mission to provide a safe, fair, fun and efficient competition for all competitors and coaches."

Full-Time Umpires
CTFI is working very hard to produce a great event with a high calibre of competition that will be safe, fair and enjoyable for all participants. To have a successful event, it is critical that we have a strong team of full-time umpires and officials.

Full-time umpires:

- Are dedicating the length of the tournament to officiating. They are not signed up as a coach, competitor or any other role within the tournament.
- Will receive an honourarium for their support of the event.
- Must be registered by their Instructor using their Sportdata club account.

For complete instructions showing how to create an account and register umpires, see the additional document "*Coaches how to create Club account and register competitors, coaches, umpires and photographers*". This document is found under the "Downloads" button on the SportData web page for the event or go to the link here:

https://cdn.sportdata.org/7c9a01e3-8e79-4d11-836c-bf591ec60e04/

Deadline for Full-time Umpire Registration: November 20, 2026, at 11pm Central (Saskatchewan) Time.

Competitor/Coach Umpires
All Black Belts (age 16 +) are required to be ready to assist with umpire duties at this tournament. Depending on requirements, not all qualified competitors will be selected to act as umpires.

All Umpires, full-time and selected competitors/coaches, will receive a complimentary lunch on the days of competition.

All Umpires must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.



COACHES NOTE:

Black Belts who do not participate in umpiring as selected and assigned will not be allowed to compete or coach. Registration of Black Belt Competitors and Coaches will be used to create the Umpires list.

All Umpires must wear official ITF dress:

- White Shirt;
- Blue Tie;
- Blue Pants (no jeans);
- Blue suit jacket;
- White athletic shoes;
  or
- Full ITF Dobok (no track jackets) with white athletic shoes.

***Please note that senior Black Belts who are selected to umpire must wear a suit with blue tie or dobok while officiating.**

No other clothing will be permitted (i.e. Casual or club apparel)

COACHES AND CLUB PHOTOGRAPHERS

At this event, coaches will be allowed for both Coloured Belts and Black Belt competition.

For safety and efficiency, only competitors, officials, volunteers, accredited coaches and accredited photographers will be allowed to enter the competition floor. All will require accreditation passes.

Deadline for Coach/Photographer Registration: November 20, 2026, at 11pm Central (Saskatchewan) Time.

All Coaches and photographers must be registered on-line using the SportData system via their club account. For complete instructions showing how to create an account and register coaches/photographers, see the document "*Coaches how to create Club account and register competitors, coaches, umpires and photographers*". This document is found under the "Downloads" button on the SportData web page for the event or go to the link here:

https://cdn.sportdata.org/7c9a01e3-8e79-4d11-836c-bf591ec60e04/



Head Coach
Each School will be allowed one (1) senior Black Belt eligible to coach both Colour Belts and/or Black Belts. This person is the designated "Head Coach" for each school.

Head Coaches will not be asked to officiate for Coloured Belt competition nor for Black Belt sparring competition. ***Please note that all Head Coaches with rank of 4th degree or higher may be required to judge the Black Belt patterns competition. Those who do not present themselves for umpiring will have their passes revoked.***

Coloured Belt Coaches
Coaches for Coloured Belts will help them have a positive experience and ensure they get to the proper location on time. Coaches for Coloured Belts also offer a safety factor during a sparring match.

NOTE: In the event that all ring councils are appropriately staffed, additional Black Belts aged 16 and over MAY be permitted to serve as colour belt coaches. Any such allowance will be communicated following the registration deadline.

*****Note: Instructors, it is very important that any of your students acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the Championships, please instruct any of your members who will be coaching.*****

Black Belt Sparring Coaches
Black Belt sparring Coaches may be any person regardless of rank. ***Note: Black Belt Sparring Coaches age 16+ will be required to judge for Colour Belt competition. If they hold rank of 4th degree or higher they will also be required to judge Black Belt patterns.*** Black Belt Sparring Coaches will not be asked to judge for Black Belt Sparring.

NOTE: Black Belt Sparring Coach limit:
Each Club/Dojang may have one Black Belt Coach (including Head Coach) for every four Black Belts registered for competition. E.g. a Club with 10 Black Belts entered in competition may have up to 3 Black Belt coaches, including the Head Coach.



Coaching Rules

For individual or team competition there will be only one (1) Head Coach or Colour Belt Coach or Black Belt Sparring Coach close to the square. During the tournament, coaches must wear an athletic training suit, gymnastic shoes, carry a towel and have medical exam gloves on their person. Coaches may alternatively wear an ITF official dobok covered with a track jacket and gymnastic shoes.

NOTE: Coaches will be required to present their Coaches ID to the Jury for verification.

Coaches will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above-mentioned rules may render the coach liable to be disqualified from his/her advisory position.

Photographers

Any school or club may apply for accreditation for photographers to have access to the competition floor to take photos of their participants.

Note: This is <u>not</u> meant as a pass to exempt Black Belts from judging. Under no circumstances will active, training Black Belts age 16 and above be allowed to be photographer. If Black Belts are not competing, they are expected to sign up as full-time umpires.

All Photographers must be registered on-line using the SportData system via the club account.

NOTE: Photographers are registered as a type of Coach in SportData.

Deadline for Coach/Photographer Registration: November 20, 2026 at 11pm Central (Saskatchewan) time.