



2024 Western Canadian Taekwon-Do
Championships
Nov 29 & 30th, 2024
7555 Falconridge Blvd NE #10,
Calgary, AB T3J 0C9

Dear Grand Masters, Masters and Instructors,

We are very excited to invite you to participate in the **2024 CTFI Western Canadian Taekwon-Do Championships** in Calgary, Alberta, on November 29 and 30th, 2024. All CTFI black belts and coloured belts, ages four and over, are invited to participate in this event.

It is our goal to provide an amazing and memorable experience for all participants and their supporters. This will be a well-organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

For the 2024 CTFI Western Canadian Taekwon-Do Championships, we are also pleased to provide the following features to the tournament program:

- Pre-Order shirts online!

<https://www.aitfc.ca/westerns2024>

- All competitors will receive their ring locations and estimated time schedule for their events.
- Coaches/Instructors will register participants on-line via Sportdata.
- ITF Electronic Scoring System (ESS) will be used in some competition rings.

For more information on registration, rules, etc., we invite you to check for updates on the [CTFI website](#). All ITF/CTFI rules and the Team Manual are available through the "[Downloads and Resources](#)" page on the CTFI website as well.

We look forward to seeing you all at this exciting event!

Sincerely,

Master Brandi Merritt Mrs. Beth Gabriel

**On behalf of the Alberta International Taekwon-Do
Federation Council**
Host of the 2024 Western Canadian
Taekwon-Do Championships



Event Information

Who: All official CTFI affiliated schools and practitioners from across Canada.

When: Friday and Saturday, November 29 and 30, 2024

Where: 7555 Falconridge Blvd NE #10, Calgary, AB T3J 0C9

Contact: Master Brandi Merritt 403-894-7085

Mrs. Beth Gabriel 403-808-9385
email: info@aitfc.ca

Tournament Director: Master Kevin Reinelt
email: tournamentdirector@ctfi.org

Umpire Director: Mr. Chris Law
Email: ctfiumpirecommittee@gmail.com

Registration: All registrations are Online using SportData.

NOTE: Only Instructors/Coaches can register competitors using their SportData club account.

DEADLINE: All registration for Competitors, Coaches and Referees closes NOVEMBER 13, 2024 at 11pm Mountain Time.

SportData Online Registration:

https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=533#a_eventhead

Events: These championships will feature the following events:

- TKD Kids / Tigers - special category (age 3-5 years)
- Adapted Taekwon-Do - special categories (age 6+)
- Individual Patterns - Coloured Belt & Black Belt (age 6+)
- Individual Free Sparring - Coloured Belt & Black Belt (age 6+)
- Prearranged Sparring - Black Belt & Blue Belt + (age 12+)
- Team Patterns – Black Belt (age 12+)
- Power Breaking Black Belt (age 15+)
- Special Technique Breaking Black Belt & Blue Belt + (age 12+)
- Team Sparring – Black Belt (if time allows) (age 12+)



Entry Fees:

TKD Kids/Tigers (age 3-5)	\$60
Adapted TKD/Special Needs (Black Belt & Colour Belt)	
- Solo Patterns and/or Mixed Abilities (1 for \$40, both for \$75)	\$40 - \$75
Coloured Belts (Ages 6+) Patterns and/or Sparring	\$75
Senior & Veteran Black Belts (Age 36+) Patterns and/or Sparring	\$75
Pre-Jr, Jr & Adult Black Belts (Age 12+) Patterns and/or Sparring	\$90
Pre-arranged Sparring (Black Belts and Blue/Red Belts age 12+)	\$30/team
Team Patterns (Black Belt, Blue/Red Belt, age 12+)	\$50/team
Power Breaking (only Black Belt age 15+)	\$20
Special Technique (Black Belt & Blue Belt+, age 12+)	\$20
Coach Pass - Head Coach (BB & CB, 1 per Dojang)	\$50
Coach Pass - Black Belt Sparring (see limits in Coach section below)	\$50
Coach Pass - Colour Belts (No Black Belts age 16+)	\$30
Photographer Pass (No Black Belts age 16+)	\$50

SCHEDULE OF EVENTS

Note: This schedule is tentative and is subject to change once all registrations have been received.

Thur, Nov 28th	5pm-9pm	Umpire C & Refresher Course (CTFI Umpire Committee)
Host Hotel		
Fri., Nov 29 th	9am-12pm	Umpire C & Refresher Course (CTFI Umpire Committee)
Host Hotel		
Venue	12pm - 3pm	Black Belt weigh-ins & card check; Coach Check-In.
	4pm - 9pm	Competition: Black Belt Individual Patterns, Team Patterns & Pre-arranged Sparring
Sat., Nov 30 th	7:30 - 8:00am	Last chance for Black Belt weigh-in/check-in/ coach registration at the venue
Venue	7:30 – 8:15am	All competitors arrive.
	8:00 – 8:30am	Black Belt/Umpire Meeting
	8:30 - 9:00am	Opening Ceremonies
	9:00 - 3:00pm	TKD Kids/Tigers, Adapted categories, Colour Belt patterns/sparring
	9am - 2pm	Special Technique and Power Breaking Black Belts
	3pm – 5pm	Special Technique Breaking Colour Belts
	3pm – 6pm	Black Belt Individual Sparring
	6pm – 7pm	Black Belt Team Sparring (time allowing)
	7pm	Competition ends.



OFFICIAL TOURNAMENT APPAREL PRE-ORDER

Pre-order your official 2024 CTFI Western Canadian Taekwon-Do Championships T-Shirt by **Nov 5th**:

*****Limited sizes and quantities will be available for purchase at the tournament venue*****

Kindly click on the link:

<https://form.jotform.com/241685718669272>

ATC™ PRO TEAM SHORT SLEEVE TEE

- 6.3-oz, 100% performance polyester jersey with wicking technology
- No Bleed Fabric (NBF) created with a unique cationic dye process for easy printing
- Side seamed
- Breathable
- Tagless
- Classic fit
- Available in :
 - Youth XS-YL
 - Adult S-XXL



Cost: \$30.00 each, includes taxes



ACCOMMODATIONS

Official Host Hotel

The official event host hotel is the **Radisson Hotel & Conference Centre Calgary Airport**

Kindly use the link below for the reservations:

<https://www.choicehotels.com/en-ca/reservations/groups/pm17g0?checkInDate=2024-11-28&checkOutDate=2024-12-01&ratePlanCode=BZDMTI>

We are happy to offer you a discounted room rate of **\$139 plus taxes per room, per night.**

Continental Breakfast Included.

Please confirm and I will block the following rooms for the **WESTERN Group:**

No. of rooms : 50

Type of rooms : Doubles & Singles

Check-in : November 28th, 2024, Thursday

Check-out : November 30th, 2024, Saturday

*** You can adjust the booking dates to Friday 29th-30th

DEADLINE: Rooms must be booked before OCTOBER 28th, 2024., 2024 at 5PM.



GUESTROOM INFORMATION

- Rates are based on single/double/triple/quad occupancy.
- Rates are subject to 5% GST, 4% Provincial Room Tax and 3% Destination Marketing Fee
- All guestrooms include complimentary high speed internet access & complimentary parking.
- All guestrooms are 100% smoke free.
- **Check In: 3:00pm**
- **Check Out: 11:00am**



INSURANCE

The Organizing Committee and CTFI are not responsible for any injuries. Participants must have full third-party liability insurance coverage for any injuries they may cause to others. ***Instructors must provide proof of appropriate insurance to CTFI headquarters as part of annual membership renewal.***

REGISTRATION

Coaches must register all competitors directly through the SportData system found here:

https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern_r=533#a_eventhead

Note: Coaches, please make it clear to your participants that they must not try to make their own registration – if they do try, it will be rejected.

If a coach already has a Club account in SportData, they can re-use that account.

For complete instructions showing how to create an account and register competitors, umpires, coaches and photographers, see the additional document “Instructions for using Club Account to register competitors, umpires and coaches”. This document is found under the “Downloads” button on the SportData web page for the event or go to this link:

https://www.sportdata.org/taekwondo_itf/set-online/popup_main.php?popup_action=uploads&vern_r=533&ver_info_action=info#a_eventhead

Note: Registration Deadline for all Competitors, Umpires, Coaches and Photographers is November 13, 2024, at 11pm Mountain Time.



International ID Number:

Registration will require an “International ID” number for all competitors.

- *Colour Belts:* enter “N/A” as the International ID number.
- *Black Belts:* enter the International ID number found on the Black Belt wallet card (see image below circled in red).



Coaches note:

1. Coaches are responsible for providing all Black Belt International ID numbers. It is not allowed to put “pending” for Black Belts.

For competitors who have recently examined for 1st Dan Black Belt rank and have not yet received their new wallet card, please request the ID number from Ms. Mazzei at ctfihq@gmail.com.

2. Degree number (i.e. C-1-1234) is **NOT** acceptable
3. The International ID number does not change as a competitor moves up in rank. If their number is 123456 as a 1st Dan Black Belt, it will also be 123456 if they are promoted to 2nd Dan. Therefore, if they have recently tested for 2nd Dan and above, and do not have their new card, they can obtain their number from their old wallet card.

Instructor Check-in:

All instructors or coaches must report to the tournament check-in and pick up their competitor and coach passes. Instructors are responsible for making sure competitors have these passes as proof that they are registered competitors. Instructor/Coach Check-in will be available on Friday November 29, 2024 at the tournament venue from 12-3 pm. Last chance for check-in will be at the tournament venue on Saturday November 30, 2024 from 7:30 – 8:00 am.

Black Belt Card:

All Black Belts, all ages, must be certified with ITF headquarters. When using the on-line registration process, there will be a space for providing the Black Belt ITF International ID number (see above).



All Black Belts must show their ITF Black Belt registration card at the Weight Check/Check-in (see below). A photocopy of the Black Belt certificate showing name, rank and date information as well as the name of the ITF President is acceptable. Any Black Belt without appropriate proof of certification in the ITF will be disqualified with no refund of event fees. Black Belts not competing in sparring **MUST** check-in and show ID to confirm Black Belt status. Failure to do so will result in disqualification.

Declaration of Consent and Data Protection forms:

NOTE: Declaration of Consent and Data Protection forms are required for all participants in the event including:

- Competitors
- Coaches
- Photographers
- Referees

NOTE: New consent forms are required for each CTFI event.

Instructors are responsible for downloading ***Declaration of Consent and Data Protection*** forms and having all competitors/coaches/photographers/referees or their legal guardians sign them. Instructors are responsible for sending scanned or photographed images of these files to the Tournament Director.

If you are sending 1 file for each document, please include the participant name in the file name. If you are sending a single document with many scanned pages, please put the pages in alphabetical order.

The form is available for downloadable from here:

https://www.sportdata.org/taekwondo_itf/set-online/popup_main.php?popup_action=uploads&vernr=533&ver_info_action=info#a_eventhead

Competitors/coaches/referees who do not have valid forms submitted to the Tournament Director by the deadline will not be allowed to compete.

Note: Deadline for Declaration of Consent and Data Protection forms submitted to Tournament Director: November 13, 2024, at 11pm Mountain Time.



BLACK BELT WEIGHT CATEGORIES:

Standard ITF Black Belt Weight categories will apply.

PRE-JUNIOR (AGE 12-14) WEIGHT CATEGORIES:

Male:

- (a) Up to 40 kg
- (b) 40.1 to 45 kg
- (c) 45.1 to 50 kg
- (d) 50.1 to 55 kg
- (e) 55.1 to 60 kg
- (f) 60.1 to 65 kg
- (g) Over 65 kg

Female:

- (a) Up to 40 kg
- (b) 40.1 to 44 kg
- (c) 44.1 to 48 kg
- (d) 48.1 to 52 kg
- (e) 52.1 to 56 kg
- (f) 56.1 to 60 kg
- (g) Over 60 kg

JUNIOR (AGE 15-17) WEIGHT CATEGORIES:

Male:

- (a) Up to 50 kg
- (b) 50.1 to 55 kg
- (c) 55.1 to 60 kg
- (d) 60.1 to 65 kg
- (e) 65.1 to 70 kg
- (f) 70.1 to 75 kg
- (g) Over 75 kg

Female:

- (a) Up to 45 kg
- (b) 45.1 to 49 kg
- (c) 49.1 to 53 kg
- (d) 53.1 to 57 kg
- (e) 57.1 to 61 kg
- (f) 61.1 to 65 kg
- (g) Over 65 kg

ADULT (AGE 18+) WEIGHT CATEGORIES:

Male:

- (a) Up to 57 kg
- (b) 57.1 to 63 kg
- (c) 63.1 to 69 kg
- (d) 69.1 to 75 kg
- (e) 75.1 to 81 kg
- (f) 81.1 to 87 kg
- (g) Over 87 kg

Female:

- (a) Up to 50 kg
- (b) 50.1 to 55 kg
- (c) 55.1 to 60 kg
- (d) 60.1 to 65 kg
- (e) 65.1 to 70 kg
- (f) 70.1 to 75 kg
- (g) Over 75 kg

Note: Coaches please be careful to enter your Black Belt competitors' weight correctly in your SportData club account so the correct category can be assigned if there is merging.



Category Merging for Black Belts:

Free Sparring

Any Black Belt sparring category, including Pre-Junior, Junior and Adult, may be merged if there are two or less competitors, they will always be merged within the same age group. This is to ensure there are no competitors alone in their category and improve competition experience for the athletes. Seeding points will be awarded regardless of which category the athletes compete in. Refer to CTFI Team Manual for full details of Seeding point system.

Patterns

Black Belts in Pre-Junior, Junior and Adult Patterns categories will not have any merging so they can collect seeding points for their patterns category. NOTE: Competitors who are alone in their category do not automatically win a gold medal. They must perform their pattern in front of the judges as if in competition. Competitors who score a Zero for both their pattern performances will not receive a medal.

Black Belts Senior and Veteran may have categories merged with a different rank. Patterns performed will be for the lower rank of the category.

Weight Verification:

All Black Belts (all ages) entered in individual sparring categories must have their weight category verified at the weigh-ins. Weigh-in procedure will follow ITF World Championships rules. Black Belts must present their Black Belt certification card at the weight check.

Black Belts entered in Senior (age 36-45) and Veteran (age 46+) categories must be within +/- 3kg of their stated weight or they will be disqualified.

Pre-Junior, Junior and Adult Black Belts (age 12-35) must fall within their registered or merged weight categories or they will be disqualified.

Weight checks will be available on Friday November , 29, 2024 at the host hotel from 12 - 3 pm and at the tournament venue on Saturday November 30, 2024 from 7:30-8:00 am.

Black Belt Age Categories:

*NOTE: Category name changes are being implemented to align with new ITF rules. The category previously known as Senior (age 18+) had been changed to Adult. The category previously known as Super Senior (age 36+) has been changed to Senior.

Black Belt Age Categories of this event:

Pre-Junior	age 12-14
Junior	age 15-17
<u>Adult*</u>	<u>Age 18+</u>
<u>Senior*</u>	<u>Age 36+</u>
Veteran	Age 46+



Note: Black Belts age 36+ may choose to enter the Adult Age 18+ category in Sparring, Patterns, Special Technique or Power Breaking. This will result in a higher entry fee. Categories for Black Belts age 36+, including Patterns, may be merged if there are less than three competitors.

Valid Age for Category:

ITF standard age categories will apply to all Black Belt competitors in Pre-Junior, Junior and Adult age groups.

The valid age for all competitors during the competition is the age at which they enter the year. To calculate this age, use the following formula:

$$\text{Year of competition} - \text{Year of birth} - 1 = \text{Competitors valid age during the competition}$$

Examples:

1. Year of competition 2024 - Year of birth 2006 - 1 = 17
This Competitor is only allowed to compete as a Junior
2. Year of competition 2024 - Year of birth 2005 - 1 = 18
This Competitor is only allowed to compete as an Adult
3. Year of competition 2024 - Year of birth 2011 - 1 = 12
This Competitor is only allowed to compete as a Pre-Junior

Black Belts Competing Up:

Exact circumstances under which “Competing Up” is allowed are detailed in the current CTFI Team Manual, which is available on the “Resources and Downloads” page of the CTFI web site (refer to Appendix A). Coaches must register competitors for their normal category then make an email request to the Tournament Director to compete up. Please note the Age Qualification rules and categories listed above.

Colour Belt Age Categories:

Minimum age is 6 years old for standard TKD, age 4 for TKD Kids. As per CTFI competition rules, the appropriate age division for all colour belt competitors will be determined based on the age of the person on the first day of the Tournament – November 29, 2024. Please note that Colour Belt age divisions with less than three people may be merged with other groups. Best effort will be made to create categories that are close in rank and age.



TOURNAMENT RULES:

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations. Copies of these rules are available on the CTFI website under the “Downloads and Resources” section: http://www.ctfi.org/?page_id=11

Special additions to the rules are as listed below:

Individual Patterns

Individual Colour Belt Patterns:

Colour Belts will perform 1 optional pattern simultaneously with another competitor. Competitors may perform the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

Individual Black Belt Patterns:

COACHES, NOTE: *At this event, CTFI will be implementing the new ITF rules for Black Belt Individual Patterns where competitors enter the ring together and then perform patterns separately.*

This means that the athletes will perform the patterns ONE AT A TIME: First RED with the first designated pattern, then BLUE with the first designated pattern. Next, again only RED with the second designated pattern and finally BLUE with the second designated pattern.

Black Belts Pre-Junior, Junior, Adult and Senior will compete 1 to 1 and will perform **separately** two (2) Designated Patterns appropriate to their degree. The first designated pattern will be one of the last three patterns regarding the level of degree. The second designated pattern is from pattern Chon-Ji to the level of degree.

Black Belts Veteran will compete 1 to 1 and will perform **separately** one (1) Designated Pattern chosen randomly from one of the last three patterns regarding the level of degree.

Black Belts Senior and Veteran may have categories merged with a different rank. Patterns performed will be for the lower rank in the merged category.

If Veterans are merged with Seniors, they will perform separately 2 Designated Patterns as above.

Eliminations:

All Colour Belt and Black Belt Patterns competition will be single knockout (SKO) elimination.



Team Patterns Black Belts, Blue/Red Belts

Black Belt Teams:

Both teams shall perform one (1) optional and one (1) designated Pattern in the following order:

- Team 1 – optional pattern
- Team 2 – optional pattern
- Team 1 – designated pattern
- Team 2 – designated pattern

Optional pattern is the team's choice from Chon-Ji to Choong-Moo.

Designated patterns are drawn randomly from Kwang-Gae, Po-Eun or Ge-Baek.

Colour Belt Teams:

Both teams shall perform one (1) optional Pattern in the following order:

- Team 1 – optional pattern
- Team 2 – optional pattern

Optional pattern is the team's choice from Chon-Ji to Choong-Moo.

NOTE: Teams who are alone in their category do not automatically win a gold medal. They must perform their pattern in front of the judges as if in competition. Teams who score a Zero for their both pattern performances will not receive a medal.

Pre-Arranged Sparring

Categories offered for both Black Belt and Blue/Red Belt are Pre-Junior, Junior, and Adult+. Standard ITF competition rules will apply to all categories.

Teams may be Female-Female, Male-Male or mixed Female-Male.

NOTE: Teams who are alone in their category do not automatically win a gold medal. They must perform their pattern in front of the judges as if in competition. Teams who score a Zero for performance will not receive a medal.



Free Sparring

Duration of matches:

Coloured Belts	1 round of 2 minutes.
Black Belts Pre-Junior, Junior, adult	2 rounds of 2 minutes.
Black Belts Senior, Veteran	2 rounds of 1.5 minutes

Note: Breaks between rounds will be 1 minute in all cases.

Eliminations:

All Colour Belt and Senior/Veteran Black Belt sparring competition will be single knockout (SKO) elimination.

Black Belt Pre-Junior, Junior and Adult sparring competition for categories with more than 4 competitors will have SKO eliminations until the semi-finals with 4 remaining. The final 4 (or less) competitors in all categories will enter a round robin competition and face each of the other competitors.

Safety Equipment:

Mandatory Safety equipment:

- o Hand, Foot and Head guards of an approved type (see below);
- o Mouth guard – must be transparent with no colours;
- o Groin protection for all males (must be worn inside the trousers);

Optional Safety equipment:

- o Shin protectors of an approved type (no hard materials);
- o Groin protection or chest protection for females (must be worn inside the dobok)
- o Approved soft frame, prescription sport glasses. Written approval must have been requested and granted from the CTFI Tournament and Umpire Committee prior to the event.

Approved types of sparring safety equipment:

Black Belts competing in the Pre-Junior, Junior and Adult divisions must have hand, foot and head protectors approved by ITF for international competition. Full details of approved equipment are found in the ITF Combined Competition Rules and Regulations.

Pre-Junior, Junior and Adult Black Belts will be required to wear either red or blue hand/foot/head protectors depending on their position in the draw. Pre-Junior, Junior and Senior Black Belts must have sets of both colours available.

Coloured Belts (all ages) and Senior/Veteran Black Belts (age 36+) may wear ITF approved gear or the standard foam safety gear such as Macho or Century. Any colour is allowed for this group, but we recommend red or blue (if you have it) to help the umpires.

No jewellery, piercings, watches or other adornments may be worn; hair may be kept in place using a material of a soft elastic nature only. Hard materials (e.g. plastic, wood or metal) are not allowed.

Note: Students must compete with required safety equipment that is in good condition and covers the toes, fingers and heels properly. Students without required equipment may be disqualified. Competitors sharing



properly sanitized equipment is acceptable.

Power Breaking

Power Breaking will be open only to Black Belts age 15+.

Power breaking competition for all Black Belt Age Groups will follow the ITF rules for World Cup competition - Section IV. Competitors will attempt 2 breaks specified by the rules.

Board counts will begin at 1 board less than ITF World Cup standards except where the minimum is 1 board.

NOTE In all Power Breaking categories, competitors must successfully make at least 1 point to qualify for a medal.

Special Technique Breaking

Special Technique Breaking will be open to Blue Belts and above, age 12 and above.

Special Technique breaking competition for all Age Groups of Blue/Red Belts and Black Belts will follow the ITF rules for World Cup competition - Section V.

Competitors will attempt 2 breaks specified by the rules.

Board heights will begin at 10cm lower than ITF World Cup standards.

NOTE In all Special Technique categories, competitors must successfully make at least 1 point to qualify for a medal.

Team Sparring

If time allows, there will be Team Sparring events. Teams must be organized by Coaches/Instructors no later than 4pm on Saturday afternoon. There are no entry fees for this event. There will be no medals, only bragging rights for your Club, Province or Region.

TKD Kids (Tigers, Cubs, Champs etc.)

These events are designed to introduce students ages 4-5 to concepts of competition even though they are not yet performing patterns or free sparring as part of their current curriculum. Entry in the TKD Kids category automatically gives competition in both of the events listed below.

This will be a mixed female/male category.

NOTE: Competitors age 6+ who are training in the standard ITF Taekwon-Do program should not enter this category. Competitors under age 6 must enter these categories even if they are training in the ITF standard program.



“Kids Patterns” – Single Elimination

Competitors compete 2 at a time performing simultaneously. They will be asked to demonstrate each of the following fundamental movements that are found in the official ITF Kids Course. Judges will give commands.

1. walking stance middle punch
2. walking stance low block
3. walking stance rising block
4. walking stance front snap kick

Judging will be based on technique and power. The panel of judges will decide by show of flags which player wins and moves on to the next round. Medals will be awarded for first, second and third place.

Note: The techniques may be demonstrated by a ring council member if the player is having difficulty.

Belt Tag “Sparring” – Single Elimination

Players will each have 2 flags attached to a belt around their waist. The goal is to take a flag from the other competitor. Each flag captured will result in a single point. Play will be stopped with the capture of a flag to replace the flag and then restart play.

The player with the most points at the end of the round will be declared the winner. Round length: 60 seconds

Warnings will be issued for the following infractions:

- Running away from the opponent
- Falling
- Leaving the ring
- Grabbing or holding any part of the uniform or body other than the flag of the opponent
- Kicking, punching or contacting any part of the body with the intent to cause harm
- Verbally disputing a decision of the referee

3 warnings will result in the loss of one point from the player’s total.

Adapted Taekwon-Do / Special Needs Categories

The purpose of these events is to give our special needs students a platform to showcase their skills and give them an opportunity to experience competition. All participants will receive a medal.

1. Categories.

There are 2 categories options each for Black Belt and Colour Belt competitors. You can select 1 or both of these categories when you register your competitor for the event. Participation fee will be \$40 for one category or \$75 for both of them.

a) *Adapted Solo Patterns (mixed female/male) – Colour Belt or Black Belt*

For this event the competitor performs the pattern of their choice for their rank. It is to be performed on their own. The pattern can be adapted to their specific needs and abilities but should be easily distinguished as an ITF system pattern.

Coaching during the performance is allowed by voice and action but the coach cannot perform the entire



pattern at the same time with the competitor.

Competitors will come up in pairs, but will perform their pattern individually and not simultaneously with another competitor.

Winners will be determined by judges who are looking for the correct pattern diagram, correctness of technique, and power.

b) *Mixed Abilities (mixed female/male) – Colour Belt or Black Belt*

For this event, the competitor performs with a partner of their choice (a coach or a fellow student) who knows about their abilities and limitations.

The partner will help the competitor display Taekwon-Do and/or Martial \arts skills. Vocal and physical cues may be used. The partner may be anyone including the competitor's coach, instructor, trainer, etc.

Rehearsed or unrehearsed routines are allowed. Competitors & partners may use props such as boards for breaking, or kicking pads and punch mitts.

The demonstration should run a minimum of 45 seconds to a maximum 60 seconds. Timer starts at "Sijak" and ends at "Goman". This timing is a guideline for the performance and not a strict requirement. It is acceptable if the competitor deviates by a few seconds either way.

Winners will be determined by judges who are looking for the greatest range of Taekwon-Do techniques and abilities and how well they are performed.

2. **Developmental Conditions**

Competitors with any of the following conditions are allowed:

- **Motor/Physical Impairment:** Including loss, malformation or abnormality in the skeletal, muscular or neurological systems responsible for body motion. E.g. Those suffering polio, spinal cord injuries, paralysis, amputations.
- **Sensory Impairment:** For those with severe visual impairments, severe hearing impairments and those with language and communication disabilities that prevents them from competing in regular competition divisions. E.g. Blind, deaf, mute.
- **Intellectual Impairment:** For those characterized by limited higher mental functions (intelligence, language, learning, etc) as well as motor functions. This covers a wide variety of diseases and disorders including Down Syndrome, Autism, Cerebral Palsy, Asperger, Tourettes, to name a few.



3. Proof of Condition/Diagnosis

Coaches/Parents must provide information to confirm that the competitor's condition meets the above requirements, which includes documentation of the diagnosis. This must be done using the online form found at:

<https://form.jotform.com/241666102412244>

DEADLINE: Condition forms must be completed no later than November 13, 2024 at 11pm Mountain time. Competitors without proof of condition/diagnosis will not be allowed to participate.

NOTE: All condition forms and information will be deleted shortly after the event, November 29 & 30, 2024.

Competitor Dress Code:

Approved competitor dress can be found on page on Page 6, Article T6 of the CTFI Tournament rules:
<https://ctfi.org/wp-content/uploads/2024/04/CTFI-Competition-Rules-2024-Final.pdf>

All competitors safety equipment, protective wear, taping/bandaging/strapping, clothing and/or accessories/adornments may be subject to inspection and approval or rejection by either the CTFI Tournament or Umpire Committees. Determination of the committee involved is final and binding.

Awards:

For all patterns categories, four medals will be awarded for each competition category: gold, silver and two bronzes.

For all sparring categories for Colour Belt and Black Belt Cadet, Senior and Veteran: four medals will be awarded for each competition category: gold, silver and two bronzes.

For all sparring categories for Black Belt Pre-Junior, Junior and Adult, three medals will be awarded for each competition category: gold, silver and one bronze.

Medals for all competitors and events will be presented immediately after completion of their events at an award podium set up at the competition venue. It will be arranged so that supporters can get close to take good photographs.

Protests:

Only the Coach for a competitor can present a protest when a decision or procedure seems to violate the rules. All protests must be written on the official Protest Form (provided at each ring) and must be presented to the Jury President of the ring within 5 minutes of the end of the match in question. The Umpire Committee will rule on all protests. The protest tax for this event is set at CAD\$100.



Umpires:

“It is our mission to provide a safe, fair, exciting and efficient competition for all students.”

Full Time Umpires:

The CTFI is working very hard to produce a great event with a high calibre of competition that will be safe, fair and enjoyable for all participants. To have a successful event, it is critical that we have a strong team of full-time umpires and officials.

All Full-time umpires (not competing in any events) must be registered by their Instructor using their club account. Do not use the e-Referee system used for the eTournament. For complete instructions showing how to create an account and register umpires, see the additional document “Instructions for using Club Account to register competitors, umpires and coaches”

This document is found under the “Downloads” button on the SportData web page for the event or go to the link here:

https://www.sportdata.org/taekwondo_itf/set-online/popup_main.php?popup_action=uploads&vern=533&ver_info_action=info#a_eventhead

COACHES NOTE: DO NOT REGISTER COMPETITORS ALSO AS FULL-TIME UMPIRES. They cannot do both.

If you have any difficulties, please contact the Tournament Director via email (tournamentdirector@ctfi.org).

Note: Full Time Umpire registration Deadline: November 13, 2024, at 11pm Mountain Time.

Competitor/Coach Umpires:

All Black Belts (age 16+) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Black Stripes age 16+ and Black Belts age 14+ may also be asked to assist with umpire duties for coloured belts.

COACHES NOTE: DO NOT REGISTER COMPETITORS ALSO AS FULL-TIME UMPIRES. They cannot do both.

All Umpires (full time and competitors) will receive a complimentary lunch on the day of competition.

All Umpires must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.



Umpire Dress:

All Umpires must wear official ITF dress:

- White Shirt;
- Blue Tie;
- Blue Pants (no jeans);
- White athletic shoes;
- or
- Full ITF Dobok (no track jackets) with white athletic shoes.
Casual or club clothing will not be permitted.

Black Belts who do not participate in umpiring as assigned will not be allowed to compete. Registration of Black Belts will be used to create the Umpires list.

Coaches and club photographers:

At this event, coaches will be allowed for both Coloured Belts and Black Belt competition.

Coach/Photographer Registration Deadline: November 13, 2024, at 11pm Mountain Time.

All Coaches must register on-line using the SportData system via their club account. For complete instructions showing how to create an account and register coaches, see the additional document "Instructions for using Club Account to register competitors, umpires and coaches".

This document is found under the "Downloads" button on the SportData web page for the event or go to the link here:

https://www.sportdata.org/taekwondo_itf/set-online/popup_main.php?popup_action=uploads&vernr=533&ver_info_action=info#a_eventhead

Head Coach:

Each School will be allowed one (1) senior Black Belt eligible to coach Colour Belts and/or Black Belts. This person is the designated "Head Coach" for each school.

Head Coaches will not be asked to officiate for Coloured Belt competition nor for Black Belt sparring competition. **Please note that Head Coaches with rank of 4th degree or higher will likely be asked to judge for the Black Belt patterns competition.**

The fee for the "Head Coach" is \$50. Each Club/Dojang may have one Black Belt Coach (including head coach) for every 4 Black Belts registered for competition.

Coloured Belt Coach:

Coaches for Coloured Belts will help them have a more positive experience and ensure they get to the proper location on time. Coaches for Coloured Belts also offer a safety factor during a sparring match.



Because all Black Belts age 16 and older may be required to officiate during the Coloured Belt competition, only other coloured belts or Black Belts aged 15 and under will be allowed to coach Coloured Belts.

There is no limit to the number of colour belt coaches that meet the above restrictions. The fee for a Colour Belt coach is \$30.

Note: Instructors, it is very important that any of your students acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the Championships, please instruct any of your members who will be coaching.

Black Belt Sparring Coach:

Black Belt Coaches may be any person regardless of rank. *Note: Coaches with rank of Black Belt will be asked to judge for Colour Belt competition. They will likely also be asked to judge Black Belt patterns if they hold rank of 4th degree or higher.* Black Belt Coaches will not be asked to judge for Black Belt Sparring. The fee for Black Belt coaches is \$50.

Black Belt Sparring Coach limit:

Each Club/Dojang may have one Black Belt Coach (including Head Coach) for every four Black Belts registered for competition. E.g. a Club with 10 Black Belts entered in competition may have up to 3 Black Belt sparring coaches including the Head Coach.

INSTRUCTORS NOTE: DO NOT REGISTER COACHES ALSO AS FULL-TIME UMPIRES. They cannot do both.

Coaching Rules:

For individual or team competition there will be only one (1) Head Coach or Colour Belt Coach or Black Belt Sparring Coach close to the square. During the tournament, coaches must wear an athletic training suit, gymnastic shoes, carry a towel and have medical exam gloves on their person. Coaches may alternatively wear an ITF official dobok covered with a track jacket.

Coaches will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above-mentioned rules may render the coach liable to be disqualified from his/her advisory position.



Photographers:

Any school or club may apply for accreditation for photographers to have access to the competition floor to take photos of their participants.

Note: This is not meant as a pass to exempt Black Belts from judging. Under no circumstances will active, training Black Belts age 16 and above be allowed to be photographer. If they are not competing, they are expected to sign up as full time umpires.

For safety and efficiency, only competitors, officials, volunteers, accredited coaches and accredited photographers will be allowed to enter the competition floor. All will require accreditation passes.

All Photographers must register on-line using the SportData system via their club account. For complete instructions showing how to create an account and register Coaches and Photographers, see the additional document "Instructions for using Club Account to register competitors, umpires and coaches"

This document is found under the "Downloads" button on the SportData web page for the event or go to the link here:

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